



## Manual Handling – Half Day Course

**Description:** This half (1/2) day face to face course is aimed at creating an awareness and understanding of workplace manual handling tasks in an effort to prevent injuries. This course will help participants to identify and apply management strategies for dealing with manual handling in the workplace..

**Learning Outcomes:** On completion of this course participants will be able to:

- Understand manual handling principles and how the legislation and code of practice relate to manual handling.
- Identify and apply management strategies for dealing with manual handling in the workplace.
- Understand the relationship between the body and manual handling.
- Apply knowledge of control measures for manual handling risks.
- Participate in hazard identification and risk assessment.
- Develop manual handling action plans.

**Training Delivery:** This course can be customised by experienced and qualified safety facilitators to suit your organisational needs. It will include a variety of training delivery methods designed for your working environment and to enable participant interaction.

**Investment:** On-site delivery costs (maximum 20 participants). Price on application. Discounts apply to Safety Partnership Program members.

**Certification:** Participants will receive a Certificate of Attendance.

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